

Name: _____

Date: _____

When answering questions, please note that examples of sexual activity are masturbation, oral sex, and sexual intercourse.

1. **In the past 30 days**, how interested have you been in sexual activity?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very

2. **In the past 30 days**, how often have you felt like you wanted to have sexual activity?

- Never
- Rarely
- Sometimes
- Often
- Always

3. **In the past 30 days**, did you have any type of sexual activity?

(Examples of sexual activity are masturbation, oral sex, and sexual intercourse.)

No: **ANSWER #4 BELOW
THEN STOP, YOU ARE DONE**

Yes: **SKIP #4 & TURN TO PAGE 2**

4. There are many reasons why people may not have had sexual activity during the month. What are the reasons why you did not have sexual activity **in the past 30 days**? Please read the list carefully and check every reason that applies to you, even if it happened only one time during the past 30 days.

- No partner
- Partner was away
- Was not interested in having sexual activity
- Partner was not interested in sexual activity
- Feeling tired or fatigued
- Feeling anxious or stressed
- Feeling down or depressed
- In pain
- Numbness, lack of feeling, or altered sensation
- Problems with moving my body
- Feeling unattractive
- Difficulties with orgasm/climax
- Don't enjoy sexual activity
- Dryness or pain in or around my vagina
- Health condition (specify) _____
- Partner's health condition (specify) _____
- Some other reason (specify) _____

STOP

SKIP #4 & TURN TO PAGE 2

5. **In the past 30 days**, how **often** did you become lubricated (“wet”) during sexual activity or intercourse?
 - Almost always or always
 - Most times (more than half the time)
 - Sometimes (about half the time)
 - A few times (less than half the time)
 - Almost never or never

6. **In the past 30 days**, how **difficult** was it to become lubricated (“wet”) during sexual activity or intercourse?
 - Extremely difficult or impossible
 - Very difficult
 - Difficult
 - Slightly difficult
 - Not difficult

7. **In the past 30 days**, how **difficult** was it to maintain your lubrication (“wetness”) until completion of sexual activity or intercourse?
 - Extremely difficult or impossible
 - Very difficult
 - Difficult
 - Slightly difficult
 - Not difficult

8. **In the past 30 days**, when you have had sexual activity, how much **discomfort** have you felt inside your vagina?
 - None
 - A little bit
 - Some
 - Quite a bit
 - A lot

9. **In the past 30 days**, when you have had sexual activity, how much **pain** have you felt inside your vagina?
 - None
 - A little bit
 - Some
 - Quite a bit
 - A lot

10. **In the past 30 days**, when you have had sexual activity, how much **discomfort** have you had in your labia (lips around the opening of the vagina)?
 - None
 - A little bit
 - Some
 - Quite a bit
 - A lot

11. **In the past 30 days**, when you have had sexual activity, how much **pain** have you had in your labia (lips around the opening of the vagina)?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot
12. **In the past 30 days**, when you have had sexual activity, how much **discomfort** have you had in your clitoris (clit)?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot
13. **In the past 30 days**, when you have had sexual activity, how much **pain** have you had in your clitoris (clit)?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot
14. **In the past 30 days**, how often have you been able to have an orgasm/climax when you wanted to?
- Have not tried to have an orgasm/climax in the past 30 days
 - Never
 - Rarely
 - Sometimes
 - Often
 - Always
15. **In the past 30 days**, how satisfying have your orgasms or climaxes been?
- Have not had an orgasm/climax in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very

16. **In the past 30 days**, how much pleasure have your orgasms or climaxes given you?
- Have not had an orgasm/climax in the past 30 days
 - None
 - A little bit
 - Some
 - Quite a bit
 - Very much
17. **In the past 30 days**, how often have you had **discomfort** in your mouth during sexual activity?
- Never
 - Rarely
 - Sometimes
 - Often
 - Always
18. **In the past 30 days**, how often have you had **pain** in your mouth during sexual activity?
- Never
 - Rarely
 - Sometimes
 - Often
 - Always
19. **In the past 30 days**, how often have you had **dryness** in your mouth during sexual activity?
- Never
 - Rarely
 - Sometimes
 - Often
 - Always
20. **In the past 30 days**, when you have had sexual activity, how **dry** has your mouth been?
- Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very
21. **In the past 30 days**, when you have had sexual activity, how much **discomfort** have you had in or around your anus or rectum?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot

22. **In the past 30 days**, when you have had sexual activity, how much **pain** have you had in or around your anus or rectum?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot
23. **In the past 30 days**, how satisfied have you been with your sex life?
- Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very
24. **In the past 30 days**, how much pleasure has your sex life given you?
- None
 - A little bit
 - Some
 - Quite a bit
 - A lot
25. **In the past 30 days**, how often have you thought that your sex life is wonderful?
- Never
 - Rarely
 - Sometimes
 - Often
 - Always
26. **In the past 30 days**, how satisfied have you been with your sexual relationship(s)?
- Have not had a sexual relationship in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very

Factors Interfering with Sexual Satisfaction

27. **In the past 30 days**, how much has fatigue or lack of energy **lowered** your satisfaction with your sex life?

- Have not had fatigue or lack of energy in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

28. **In the past 30 days**, how much pain have you had, for any reason and from any part of your body, during sexual activity? (circle one number)

- | | | | | | | | | | | |
|------|---|---|---|---|---|---|---|---|---|---------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No | | | | | | | | | | Pain as |
| Pain | | | | | | | | | | bad as it
can be |

29. **In the past 30 days**, how much has pain, for any reason and from any part of your body, **lowered** your satisfaction with your sex life?

- Have not had pain in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

30. **In the past 30 days**, how much have muscle spasms or tightness **lowered** your satisfaction with your sex life?

- Have not had muscle spasms or tightness in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

31. **In the past 30 days**, how much have problems moving your body the way you want to **lowered** your satisfaction with your sex life?

- Have not had problems moving my body the way I want to in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

32. **In the past 30 days**, how much has numbness, lack of feeling, or altered sensation in your genitals **lowered** your satisfaction with your sex life?
- Have not had numbness, lack of feeling, or altered sensation in my genitals in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
33. **In the past 30 days**, how much has incontinence **lowered** your satisfaction with your sex life? (Incontinence is losing control of your bladder or bowels and accidentally leaking pee or poop.)
- Have not had incontinence in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
34. **In the past 30 days**, how much have problems with your bowels (e.g., gas, diarrhea, constipation) **lowered** your satisfaction with your sex life?
- Have not had problems with my bowels in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
35. **In the past 30 days**, how much have prescription medications **lowered** your satisfaction with your sex life? (Do not include any medications you take to improve your sex life.)
- Have not taken prescription medications in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much

36. **In the past 30 days**, how much has a medical device **lowered** your satisfaction with your sex life? (For example, foley catheter, ileostomies, wheel chair, braces, a port, colostomy bag, oxygen tank, or insulin pump.)
- I don't use a medical device in bed during sex
 - Have not had a medical device in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
37. **In the past 30 days**, how much has feeling depressed **lowered** your satisfaction with your sex life?
- Have not felt depressed in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
38. **In the past 30 days**, how much have memories of traumatic experiences **lowered** your satisfaction with your sex life? (e.g., rape, sexual assault/abuse, or other forms of sexual violence.)
- Have not had traumatic experiences
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
39. **In the past 30 days**, how much has feeling anxious or stressed **lowered** your satisfaction with your sex life?
- Have not felt anxious or stressed in the past 30 days
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much
40. **In the past 30 days**, how much has worry about satisfying a partner **lowered** your satisfaction with your sex life?
- Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much

41. **In the past 30 days**, how much have issues with your partner **lowered** your satisfaction with your sex life? (For example, relationship problems, not feeling attracted to your partner, your partner's health, or your partner's ability to have sexual activity.)

- No partner
- Have not had issues with my partner in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

42. **In the past 30 days**, how much has feeling distracted **lowered** your satisfaction with your sex life?

- Have not felt distracted in the past 30 days
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

43. **In the past 30 days**, how much has weight gain **lowered** your satisfaction with your sex life?

- Have not had weight gain
- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

44. **In the past 30 days**, how much has feeling unattractive **lowered** your satisfaction with your sex life?

- Not at all
- A little bit
- Somewhat
- Quite a bit
- Very much

45. There are many reasons why people may decide to not have sexual activity. What are the reasons why you did not have sexual activity **in the past 30 days**?

Please read the list carefully and check every reason that applies to you, even if it happened only one time during the past 30 days.

- None, I always had sexual activity when I felt like it
- No partner
- Partner was away
- Was not interested in having sexual activity
- Partner was not interested in sexual activity
- Feeling tired or fatigued
- Feeling anxious or stressed
- Feeling down or depressed
- In pain
- Numbness, lack of feeling, or altered sensation
- Problems with moving my body
- Feeling unattractive
- Difficulties with orgasm/climax
- Don't enjoy sexual activity
- Dryness or pain in or around my vagina (females)
- Difficulties with my erections (penis not hard or is painful) (males)
- Health condition (specify) _____
- Partner's health condition (specify) _____
- Some other reason (specify) _____

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